

ESTRUTURA DIDÁTICA

TEMA/MATÉRIA	CONTEÚDO/PROGRAMA	FORMADOR	HORAS
A. Description of catalogue -	<ul style="list-style-type: none"> - The Families - Basic Figures and Complementary Elements - Representation of Complementary Elements - Extent of Rotations - Coulor Conventions - Corner Conventions - Catalogue Numbers and Difficulty Coeficients - Multiple, Opposite and Unliked Rotations - Positive and Negative Flick Rolls - Positive and Negative Spins - Sample Sequence Construction 	Vytautas Lapenas	02H00
B. List of Figures -	<ul style="list-style-type: none"> - Family 1 (Lines and Angles) - Family 2 (Turns and Rolling Turns) - Family 3 (Combination of Lines) - Family 5 (Stall Turns) - Family 6 (Tailslides) - Family 7 (Loops, Ss and Eights) - Family 8 (Combination of Lines, Angles and Loops) - Family 9 (Rolls and Spins) 	Vytautas Lapenas	10H00
		Vytautas Lapenas	06H00
C. Method of Evaluation -	<ul style="list-style-type: none"> - Base Values for Different Flight Attitudes - Coefficient Calculations Total Coefficient of Each Figure 	Carga horária total	18H00